



CHAPTER 16

U-VALUES



U-Values

- U-values refer to how well building materials conduct heat.
- The U-value is a measurement of the amount of heat lost from a material.
- The U-value is:
“The heat transfer of 1 Kelvin through 1m² of a building material”

Or

$$\text{U-value} = \text{W/m}^2\text{K}$$



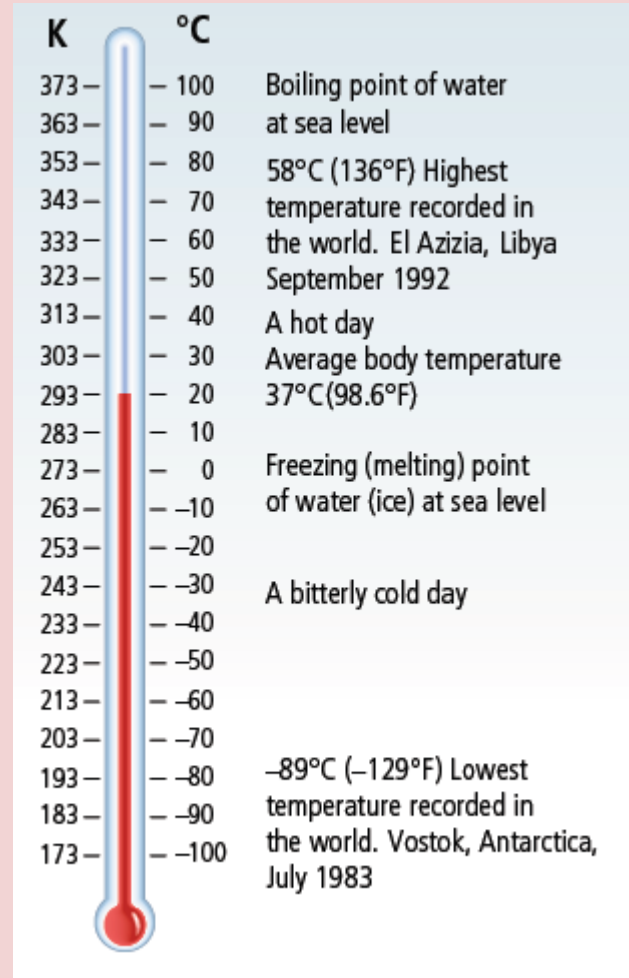
U-Values

$$\text{U-value} = \text{W/m}^2\text{K}$$

W = Watt (unit of electricity)

m = metre

K = Kelvin (unit of temperature)



U-Values

- The lower the U-value, the less heat that is lost through the building materials.
- U-values vary according to the following:
 - The materials used in the building
 - The building's location
 - The temperature difference between the outside and the inside



Building Element Values

Building regulations set out the maximum U-values for each element of the building. The current values can be seen in the table below.

TABLE 16.1 CURRENT (2011) BUILDING REGULATIONS

Building element	Maximum acceptable U-value (W/m ² k)
Roof (pitched with horizontal insulation)	0.16
Roof (pitched with parallel insulation)	0.16
Roof (flat)	0.2
Wall	0.21
Floor	0.21
Window/Door/Rooflight	1.6



Building Energy Rating (BER)

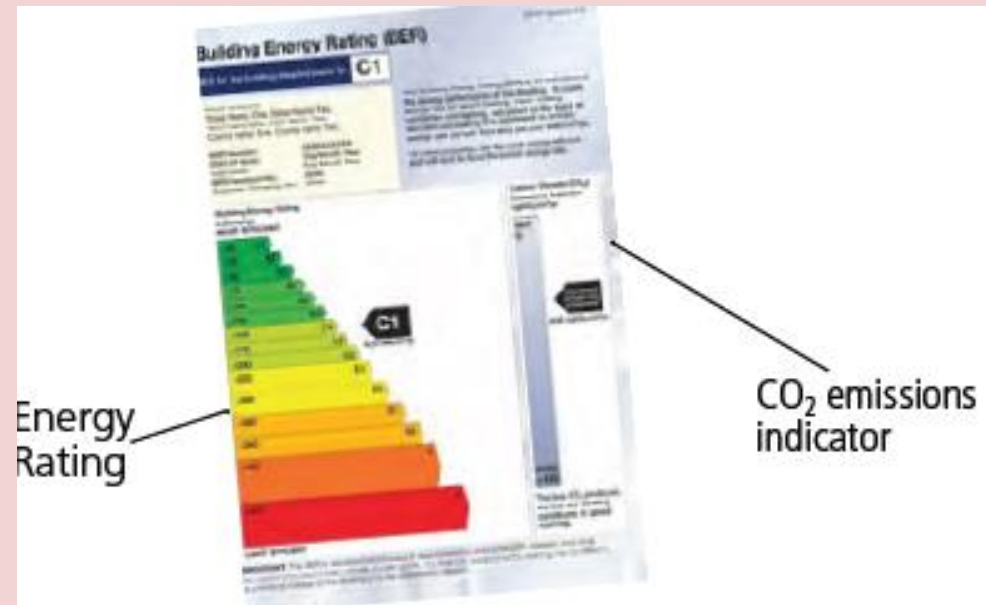
- BER gives an assessment of the efficiency of the home.
- It considers:
 - The energy used by the building
 - The CO₂ output of the building
- It is expressed as primary energy use per unit of floor area per year

kWh/m²/yr



Building Energy Rating (BER)

- Energy ratings are scaled between A-G.
- Every house sold or rented must have a BER.
- BER certification lasts for 10 years.



U-Value Calculations

- Each material has a different U-value. This should be supplied by the manufacturer.
- They are collected together in a table of thermal conductivity.
- When calculating the U-value of a building element such as a wall, the total thermal resistance of each material are added together.



Terminology for Calculations

Conductivity (k)	$k = \frac{1}{r}$	(W/mK)
Resistivity (r)	$r = \frac{1}{k}$	(mK/W)
Thickness (T)	measured in metres	(m)
Resistance (R)	$R = r \times T$ or $R = \frac{T}{k}$	(m ² K/W)
U-value	$= \frac{1}{R^T}$	(W/m ² K)





U-Values

CALCULATION #1



Calculating U-Values

Calculation

Leaving Certificate Higher Level 2010 Question 5 (a)

Calculate the U-value of an uninsulated external solid concrete wall of a dwelling house built in the 1950s given the following data:

External render	thickness	16 mm
Solid concrete wall	thickness	225 mm
Internal plaster	thickness	13 mm

Thermal data of external wall of house:

Resistivity of the solid concrete wall (r)	1.190 m °C/W
Resistivity of external render (r)	2.170 m °C/W
Resistivity of internal plaster (r)	6.250 m °C/W
Resistance of external surface (R)	0.048 m ² °C/W
Resistance of internal surface (R)	0.122 m ² °C/W

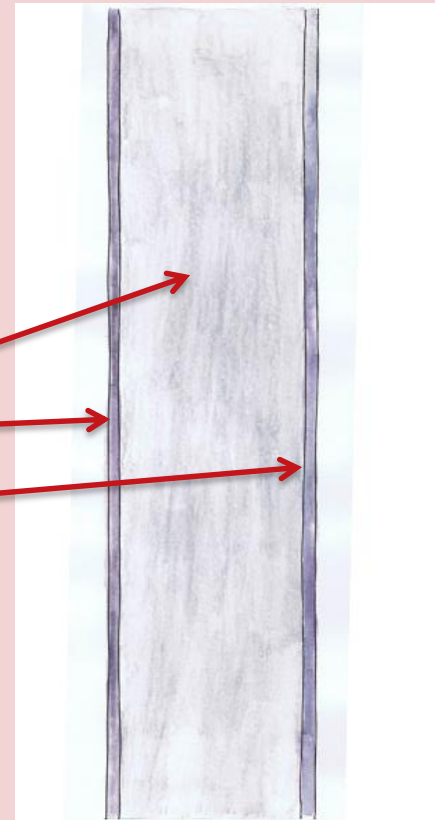


Draw a sketch of the building element which you are calculating.

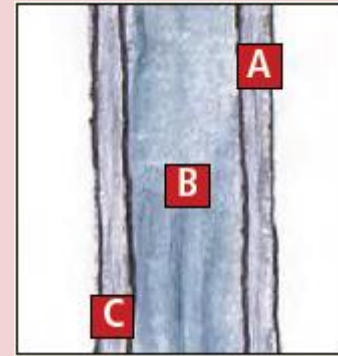
STEP

1

Resistivity of the solid concrete wall
Resistivity of external render
Resistivity of internal plaster



Draw the table as below.

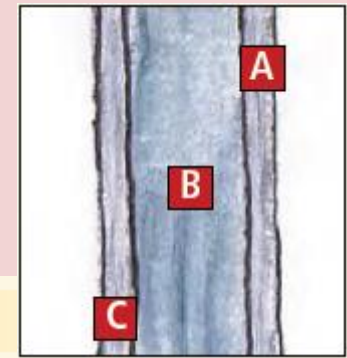


STEP **2**

Element	Conductivity $k = \frac{1}{r}$	Resistivity $r = \frac{1}{k}$	Thickness (m)	Resistance $R = r \times T$ $R = \frac{T}{k}$
Internal surface	–	–	–	0.122
A Internal plaster		6.250	0.013	
B Solid concrete wall		1.190	0.225	
C External render		2.170	0.016	
External surface	–	–	–	0.048



Fill in the resistance values.

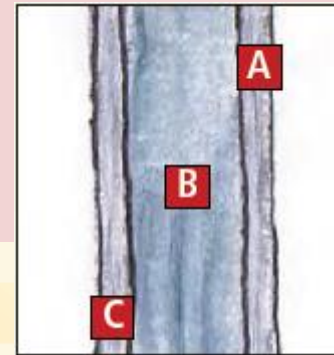


STEP 3

Element	Conductivity $k = \frac{1}{r}$	Resistivity $r = \frac{1}{k}$	Thickness (m)	Resistance $R = r \times T$ $R = \frac{T}{k}$
Internal surface	–	–	–	0.122
A Internal plaster	0.16	6.250	0.013	0.08125
B Solid concrete wall	0.84	1.190	0.225	0.26775
C External render	0.46	2.170	0.016	0.03472
External surface	–	–	–	0.048



Add the total resistance.



STEP 4

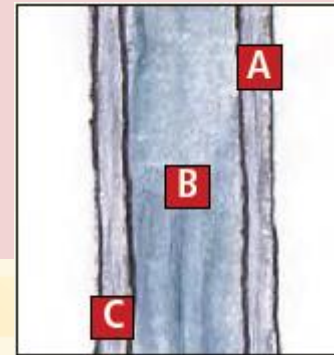
Element	Conductivity $k = \frac{1}{r}$	Resistivity $r = \frac{1}{k}$	Thickness (m)	Resistance $R = r \times T$ $R = \frac{T}{k}$
Internal surface	–	–	–	0.122
A Internal plaster	0.16	6.250	0.013	0.08125
B Solid concrete wall	0.84	1.190	0.225	0.26775
C External render	0.46	2.170	0.016	0.03472
External surface	–	–	–	0.048

Find R^T by adding all values in the resistance column.

$$R^T = 0.55372$$



Draw the table as below.



STEP 5

- U-value is found by getting $\frac{1}{R_T}$
- U-value = 1.8 W/m²K
- This does not fit with modern building regulations as per table below.

TABLE 16.1 CURRENT (2011) BUILDING REGULATIONS

Building element	Maximum acceptable U-value (W/m ² k)
Roof (pitched with horizontal insulation)	0.16
Roof (pitched with parallel insulation)	0.16
Roof (flat)	0.2
Wall	0.21
Floor	0.21
Window/Door/Rooflight	1.6



Increasing U-Value

- By including a cavity in the wall you can increase the thermal efficacy of the wall.





U-Values

CALCULATION #2



Calculating U-Values

Calculate the U-value for the external wall of a house using the data in Table 16.4.

TABLE 16.4

External render: thickness 19mm	<i>Thermal data of external wall:</i>	
Aerated block outer leaf: thickness 100mm	Conductivity of render (k)	0.57 W/mK
Cavity width: 150mm	Conductivity of blockwork (k)	0.18 W/mK
Extruded polystyrene insulation: thickness 100mm	Conductivity of insulation (k)	0.025 W/mK
Aerated block inner leaf: thickness 100mm	Conductivity of plaster (k)	0.18 W/mK
Internal plaster: thickness 15mm	Resistance of external surface (R)	0.053 m ² K/W
	Resistance of cavity (R)	0.176 m ² K/W
	Resistance of internal surface (R)	0.123 m ² K/W



Draw a sketch of the building element which you are calculating.

STEP

1

External render: thickness 19mm

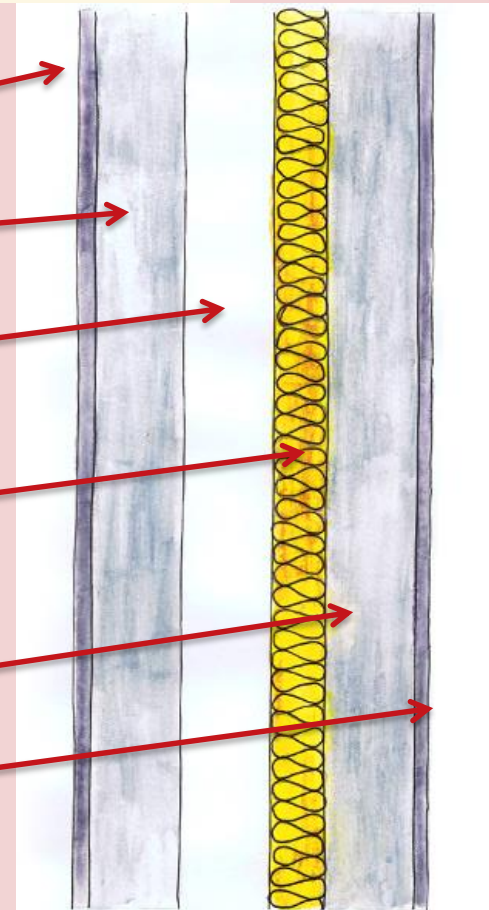
Aerated block outer leaf: thickness 100mm

Cavity width: 150mm

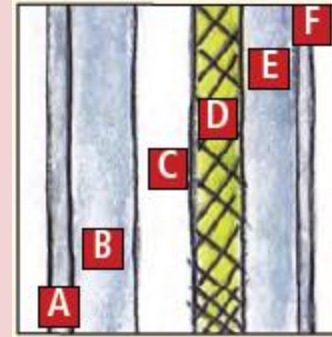
Extruded polystyrene insulation: thickness 100mm

Aerated block inner leaf: thickness 100mm

Internal plaster: thickness 15mm



Draw the table as below.

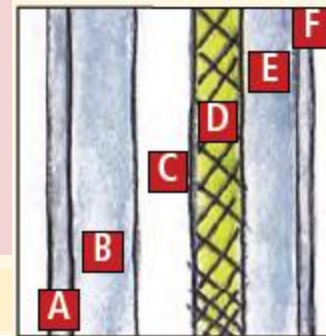


STEP 2

Element	Conductivity $k = \frac{1}{r}$	Resistivity $r = \frac{1}{k}$	Thickness (m)	Resistance $R = r \times T$ $R = \frac{T}{k}$
External surface	–		–	0.053
A External render	0.57		0.019	
B Block outer leaf	0.18		0.1	
C Cavity	–		–	0.176
D Insulation	0.025		0.1	
E Block inner leaf	0.18		0.1	
F Internal plaster	0.18		0.015	
Internal surface	–		–	0.123



Fill in the resistance values.

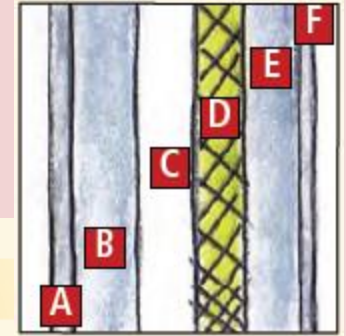


STEP 3

Element	Conductivity $k = \frac{1}{r}$	Resistivity $r = \frac{1}{k}$	Thickness (m)	Resistance $R = r \times T$ $R = \frac{T}{k}$
External surface	–	–	–	0.053
A External render	0.57	1.754	0.019	0.033
B Block outer leaf	0.18	5.555	0.1	0.555
C Cavity	–	–	–	0.176
D Insulation	0.025	40	0.1	4
E Block inner leaf	0.18	5.555	0.1	0.555
F Internal plaster	0.18	5.555	0.015	0.083
Internal surface	–	–	–	0.123



Add the total resistance.



STEP 4

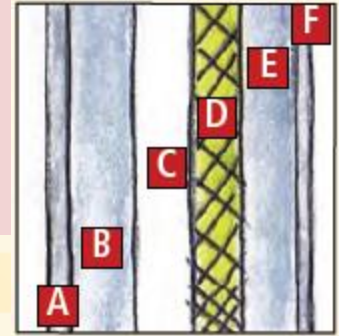
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A External render	0.57	1.754	0.019	0.033
B Block outer leaf	0.18	5.555	0.1	0.555
C Cavity	–	–	–	0.176
D Insulation	0.025	40	0.1	4
E Block inner leaf	0.18	5.555	0.1	0.555
F Internal plaster	0.18	5.555	0.015	0.083
Internal surface	–	–	–	0.123

Find R^T by adding all values in the resistance column.

$$R^T = 5.578$$



Draw the table as below.



STEP 5

- U-value is found by getting $\frac{1}{R_T}$
- U-value = 0.18 W/m²K
- This does fit with modern building regulations as per table below.

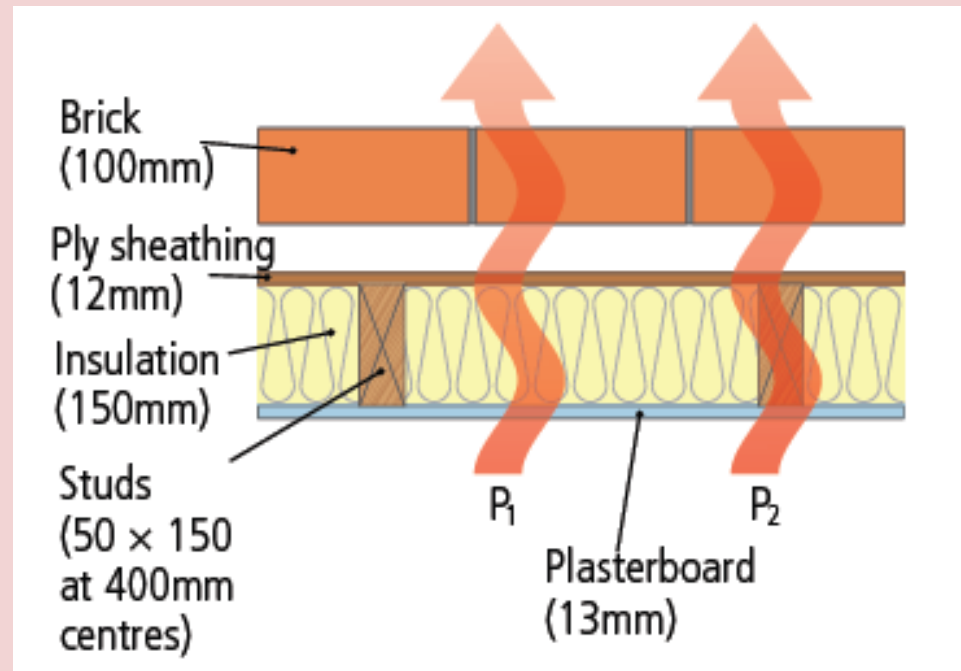
TABLE 16.1 CURRENT (2011) BUILDING REGULATIONS

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Roof (pitched with horizontal insulation)	0.16
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Roof (flat)	0.2
Wall	0.21
Floor	0.21
Window/Door/Rooflight	1.6



Calculating U-Values with two heat paths

- In some building elements there is more than one way for heat to travel.
- For example, in timber frame construction
 - P_1 through the insulation
 - P_2 through the timber stud





U-Values

CALCULATION #3



Calculating U-Values

Calculation

Calculate the U-value for the timber frame wall using the following data:

Brick: thickness 100mm	<i>Thermal data of timber frame wall:</i>
Cavity: thickness 50mm	Conductivity of brick (k) 0.77 W/mK
Ply sheathing: thickness 12mm	Conductivity of ply sheathing (k) 0.13 W/mK
Insulation: thickness 150mm	Conductivity of insulation (k) 0.024 W/mK
Studs: thickness 150mm	Conductivity of studs (k) 0.13 W/mK
Plasterboard: thickness 13mm	Conductivity of plasterboard (k) 0.25 W/mK
	Resistance of external surface (R) 0.053 m ² K/W
	Resistance of cavity (R) 0.176 m ² K/W
	Resistance of internal surface (R) 0.123 m ² K/W



Draw a sketch of the building element you are calculating.

STEP

1

Brick: thickness 100mm

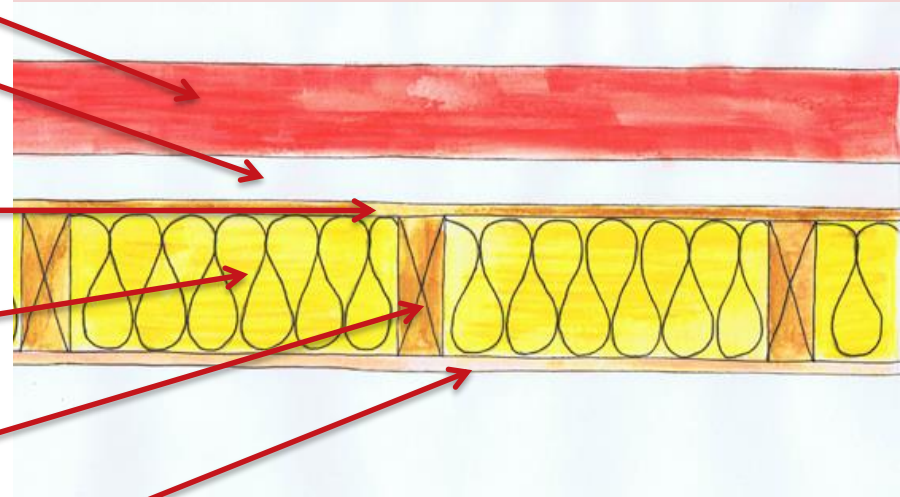
Cavity: thickness 50mm

Ply sheathing: thickness 12mm

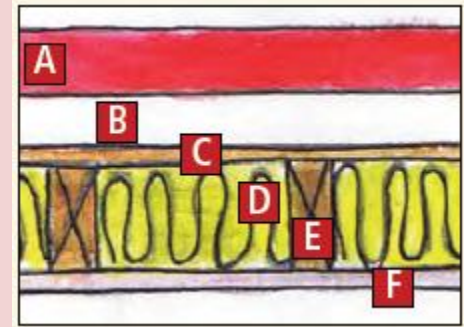
Insulation: thickness 150mm

Studs: thickness 150mm

Plasterboard: thickness 13mm



Draw the table as below.

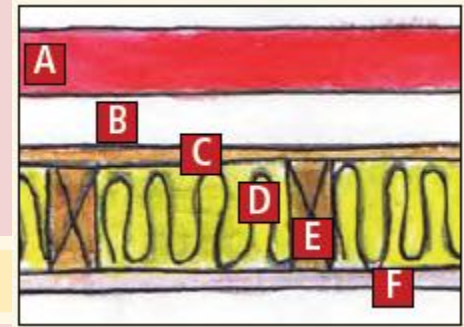


STEP 2

Element	Conductivity $k = \frac{1}{r}$	Resistivity $r = \frac{1}{k}$	Thickness (m)	Resistance $R = r \times T$ $R = \frac{T}{k}$
External surface	–	–	–	0.053
A Brick	0.77		0.1	
B Cavity	–	–	–	0.176
C Ply sheathing	0.13		0.012	
D Insulation	0.024		0.150	
E Studs	0.13		0.150	
F Plasterboard	0.25		0.013	
Internal surface	–	–	–	0.123



Fill in the resistance values.

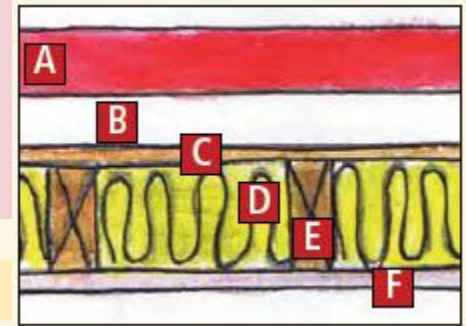


STEP 3

Element	Conductivity $k = \frac{1}{r}$	Resistivity $r = \frac{1}{k}$	Thickness (m)	Resistance $R = r \times T$ $R = \frac{T}{k}$
External surface	–	–	–	0.053
A Brick	0.77	1.3	0.1	0.129
B Cavity	–	–	–	0.176
C Ply sheathing	0.13	7.69	0.012	0.092
D Insulation	0.024	41.67	0.150	6.25
E Studs	0.13	7.69	0.150	1.153
F Plasterboard	0.25	4	0.013	0.052
Internal surface	–	–	–	0.123



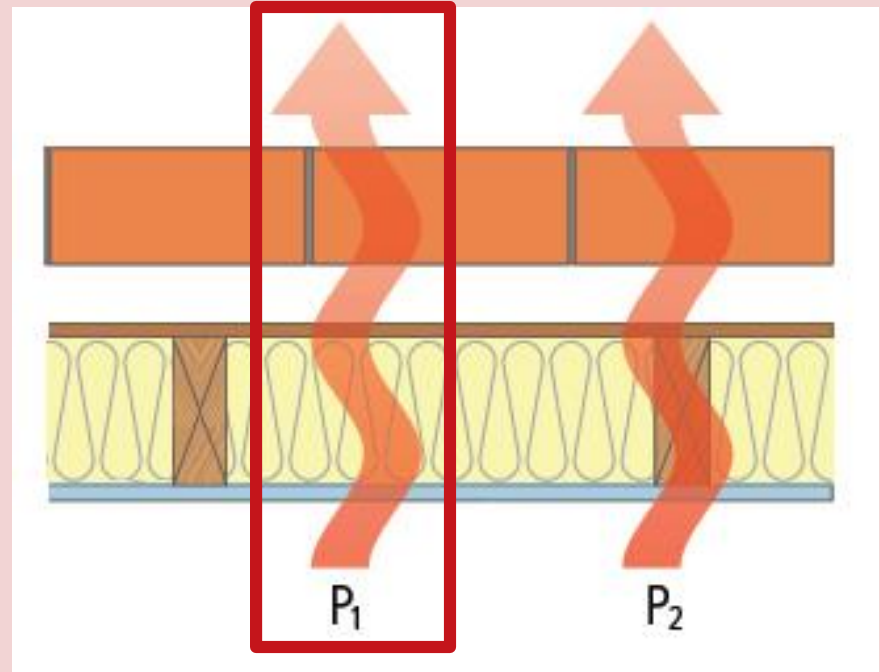
Add the total resistance for each path (Path 1).



STEP 4

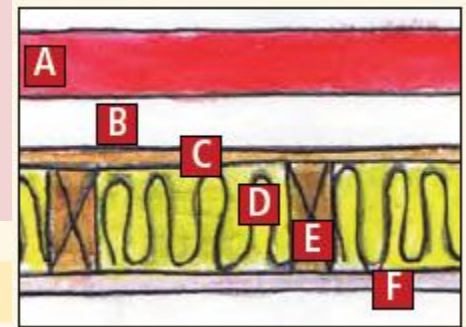
INSULATION PATH (1)

Element	Resistance
External surface	0.053
Brick	0.129
Cavity	0.176
Ply sheathing	0.092
Insulation	6.25
Plasterboard	0.052
Internal surface	0.123



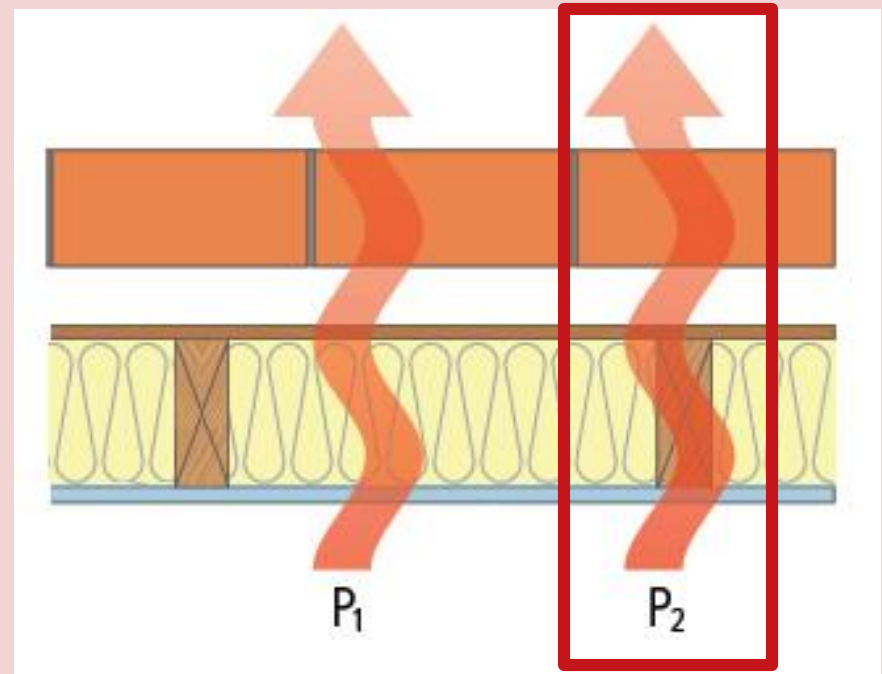
$$\text{Path (1) } R^T = 6.87 \text{ m}^2 \text{ K/W}$$

Add the total resistance for each path (Path 2).



STEP 4

INSULATION PATH (2)	
Element	Resistance
External surface	0.053
Brick	0.129
Cavity	0.176
Ply sheathing	0.092
Studs	1.153
Plasterboard	0.052
Internal surface	0.123



$$\text{Path (2) } R^T = 1.78 \text{ m}^2 \text{ K/W}$$

To calculate combined upper resistance

STEP

4

$$R_u = \frac{1}{\left[\left(\frac{F_1}{R_1}\right) + \left(\frac{F_2}{R_2}\right)\right]}$$

Where:

F_1 is the fractional area of heat flow through path 1
(the % make-up of the material)

F_2 is the fractional area of heat flow through path 2

R_1 is the total resistance of path 1

R_2 is the total resistance of path 2



To calculate combined upper resistance

STEP

4

$$R_u = \frac{1}{\left[\left(\frac{F_1}{R_1}\right) + \left(\frac{F_2}{R_2}\right)\right]}$$

Where:

$$F_1 = 0.875$$

$$F_2 = 0.125$$

$$R_1 = 6.87$$

$$R_2 = 1.78$$

$$R_u = \frac{1}{\frac{0.875}{6.87} + \frac{0.125}{1.78}}$$

$$R_u = \frac{1}{0.197}$$



To calculate combined lower resistance

STEP 5

$$R_b = \frac{1}{\frac{F_1}{R_1} + \frac{F_s}{R_s}}$$

Where:

F_1 is the fractional area of heat flow through path 1
(the % make-up of the material)

F_2 is the fractional area of heat flow through path 2

R_1 is the total resistance of insulation

R_2 is the total resistance of studs



To calculate combined upper resistance

STEP 5

$$R_b = \frac{1}{\frac{F_1}{R_1} + \frac{F_s}{R_s}}$$

$$R_b = \frac{1}{\frac{0.875}{6.25} + \frac{0.125}{1.153}}$$

Where:

$$F_1 = 0.875$$

$$F_s = 0.125$$

$$R_1 = 6.25$$

$$R_s = 1.153$$

$$R_b = \frac{1}{0.248} = 4$$

$$R_b = 4 \text{ m}^2 \text{ K/W}$$



Feed the bridged value into the table.

STEP

6

Element	Resistance
External surface	0.053
Brick	0.129
Cavity	0.176
Ply sheathing	0.092
Bridged section	4
Plasterboard	0.052
Internal surface	0.123

Total lower resistance (R_L) = 4.62m²K/W



Using upper and lower resistance in a formula

STEP **7**

$$R^T = \frac{R_U + R_L}{2}$$

$$R^T = \frac{5.07 + 4.62}{2}$$

$$R^T = \frac{9.69}{2}$$

$$= 4.845$$



Use the total resistance to find the U-value.

STEP

8

$$\frac{1}{R^T} = \text{U-value}$$

$$\text{U-value} = 0.2\text{W/m}^2\text{K}$$



Calculating costs

- The heat loss of a building can be calculated when we have:
 - the U-value
 - the area of the building
 - the difference in internal and external temperature
- If we know the fuel type and the price of that fuel, we can also calculate the cost of heat loss.





Calculating Costs

CALCULATION #3



Heat loss formula

STEP

1

Total heat loss = U-value x area x temperature difference

Heat loss is measured in Watts

Total heat loss = 0.1645 x 152 x 11 = 275.044 Watts

1 watt = 1 joule per second, therefore 275.044 watts = 275.044 joules per second



To calculate how much heat is lost per year

STEP

2

- Heating period is:
(weeks per year) X (days per week) X (hours per day)
X (minutes per hour) X (seconds per hour)

= 41 X 7 X 11 X 60 X 60 = 11365200 seconds



Total number of kilojoules per year calculated

STEP

3

$$= \frac{11365200 \times 275.044}{1000}$$

= 3125930 kJ per year

$$\frac{\text{Total oil}}{\text{calorific value}} = \frac{3125930}{37350} = 83.69 \text{ litres}$$



To find cost per year

STEP

4

- Cost per year is:

Number of litres X price per litre

= 83.69 X 0.88

= €73.65

